

Annual Report 2013

1. Overview of activities for the year September 2012 – September 2013

The Sutherland Trust is a Scottish Charity limited by guarantee which supports human relations work in education, health and social care. In the year September 2012 – September 2013, the Sutherland Trust has successfully achieved the following targets outlined in the Business Plan approved during this period in terms of:

- Two public lectures in autumn 2012 and spring 2013 which attracted between fifty and seventy people respectively. In this year, the catering for lectures was donated by various supermarkets and the organisation of hospitality was undertaken by trustees. This ensured that there were profits from the lectures of between £300 and £700 to aid the financial resources of the Trust.
- A bid to The Swan Mountain Trust who allocated £2000 specifically for awarding ten small bursaries to people who are involved in continued professional development which has a psychodynamic ethos. In addition, the Tekoa Trust donated £500 to assist with lecture provision.
- Increased contact with Patrons in the form of a wine and cheese and workshop event in December 2012 to consider the medium and long term future of the Sutherland Trust. Four Patrons and eight trustees attended a most stimulating and useful evening which will become a permanent feature of the Sutherland Trust calendar.
- A reduced but solvent balance sheet. Fundraising initiatives over the year has resulted the instigation of the Friends of Sutherland scheme which hopes to raise £1000 per year. Social media was explored as another source of funding and this is producing modest results. Key Trusts and organisations were identified as possible sources of financial assistance and four bids were made but were unsuccessful.
- The successful third year of operation of the Scottish Prison Project which is funded by the Gordon Small Trust and is run in association with consultants from the Tavistock Consultancy Service.
- Recruitment of one other experienced trustees following a recruitment drive in autumn 2011.

Currently there are twelve trustees, one part time administrator and in this year there was a resignation of one Patron leaving a total of fifteen patrons who ensure that the work of the Sutherland Trust achieves its purpose and objectives.

2. Analysis of specific events undertaken by the Sutherland Trust

The Autumn 2012 lecture was delivered by Dr Una McCluskey on the topic of Fear Free Caregiving – the challenge for psychotherapists and caregivers. Fifty people attended this interesting lecture which focused upon the simplicity and practicality of Exploratory Goal Corrected Psychotherapy which was developed by Dr McCluskey and based upon the work

of Dr Brian Lake and Dr Dorothy Heard. The lecture stimulated audience discussion and met the aims outlined by the working group. A small profit was raised for the Trust through a silent auction of donated texts as well as the donations for catering from well known supermarkets.

The spring 2013 lecture was entitled Persons in Relation and the Quality and Citizenship Agendas in Scotland today and was given by an ex-trustee – Colin Kirkwood. This lecture attracted seventy people from education, health and social care. The lecture synthesised theories of MacMurray, Suttie and Fairbairn with those of Dr John Sutherland and proposed that they served well to highlight the continued importance of personal relationships with others as the core of democratisation of Scottish society and culture. Audience participation was lively and the aims of the group were met. A very healthy profit of £700+ was made at this lecture for the benefit of the Sutherland Trust activities.

3. Sutherland Trust Finances

This is a difficult time for all charitable organisations with the recession continuing to affect donations and competition for funds is high. Nevertheless, our balance sheet has remained solvent and the Trust actively engaged in reducing costs and in raising money from a variety of initiatives noted above including sale of the Jimmy Boyle sculpture which netted a modest return.

All financial issues are monitored by the Trustees at meetings and every effort has been made to contain expenses by inviting local speakers, altering hospitality costs, reducing the hours of the administrator and careful monthly auditing. A fundraising policy has been written which is included in to the Business Plan. Full financial statements accompany this Chair's report.

A crucial task for the Sutherland Trust for 2013 – 14 is to find ways of raising monies to ensure that the core business of the Trust can continue.

4. Organisation of Sutherland Trust Events

Our Business Plan outlines the approach to the organisation of events with the lecture programme being worked out by trustees and then small working parties arrange the details of the event. The venue of the Lauriston Hall continues to be successful. Allocation of postcards which had become a signature of the lectures remained in the form of electronic flyers and then a specific donation by a Patron saw them reintroduced for the spring 2013 and autumn lecture. An appraisal of numbers attending, income raised and assessment of whether the outcomes were met occurs at the following trustees meeting.

Instead of training offered by EVOC, the trustees opted for space at the end of the June meeting to review the Sutherland Trust philosophy and targets. There was also agreement to follow through on ideas raised in the spring "summit" meeting, updating of the information on the website, developing relationships with Human Development Scotland and agreement on how to raise funds for the future.

5. Sutherland Trust Awards Scheme

This continues as a primary remit of the Sutherland Trust and the small working group are extremely careful about the selection and allocation of awards. Necessarily they are small assistive awards and nine awards have been given in the year September 2012 to September 2013. Trustees have agreed that in future, complementary tickets for Trust lectures should be offered to recipients in the year of their award. Any surplus from lectures also enhances this fund. Beneficiaries from the 2012 – 2013 year are invited to write to the Trust to give an outline of how the award has been used in their continued professional development.

It is salutary to note that in the future the sums of money available to offer bursaries is likely to reduce and that the small working group may on some occasions decide not to offer this financial opportunity.

6. Scottish Prison Service Project

Four trustees plus one co-opted member continue to constitute the working group for this funded project by the Gordon Small Trust. It is progressing steadily and is on target. The collaboration with the Tavistock Consultancy Service is proving to be a successful approach to the project and there is quarterly reporting of activity to the Steering Group and updates on progress to the Trustees at every meeting. Increased time for reflection and discussion occurred amongst the trustees at the March meeting. A Research Assistant has now been appointed to evaluate the project.

7. Governance of the Sutherland Trust

Four meetings per year plus the AGM occur and all have been quorate. Meetings occur in the Clydesdale Bank Plaza, Lothian Road and this is a free venue. All twelve trustees contribute to either organisation of lectures, facilitation of the Prison Project, development of the website or the bursaries group. The administration/development of the Trust was undertaken in twenty hours per week by a part time administrator until April 2013 when a change of administrator and a careful review of financial resources necessitated a drop in hours to then per week. There have been no changes to office bearers in the last year.

Following the successful recruitment drive in autumn of 2011, one person could not assume trustee duties in the year 2011 – 2012 but joined in the autumn of 2012.

8. Developing the Sutherland Trust

The profile of the Trust is contributed to by word of mouth, efforts by Trustees, networking with other organisations and the website. A change of provider of the website has allowed easier management and this has now been updated and includes more technological development. Two trustees have volunteered to be the contacts for the website and to ensure that material is put on timeously for lectures and awards.

Considerable effort has occurred over the year to ensure greater contact with Patrons, finding ways to raise money and monitoring our short term and long term future goals.

9. Conclusion

This has been a busy year for the Trust with the recruitment of one new trustee and the consistent effort to develop the relationship with Patrons and hold a “summit” meeting of trustees in the spring 2013 to review the future of the Trust. The Trust has altered its operational activities to become more cost effective and it has attracted modest funding from a variety of sources.

Issues which are a priority for 2013 – 2014 are:

- Sustained fund raising to support the allocation of bursaries, project work and other associated activities of the Sutherland Trust with the target of £5,000 per year required to ensure successful operationalisation of objectives and purpose. This needs to include small initiatives by individual trustees, writing bids to grant awarding bodies and continued support of the Friends of Sutherland.
- Development of networks with like minded organisations to enhance the profile of the Sutherland Trust and share costs in 2013-2014
- To devise additional ways of raising the public profile of the Sutherland Trust including the use of social media
- To complete a successful fourth year of the Scottish Prison Project.
- Continued recruitment of trustees to replace those who have demitted office in 2013
- To continue the links with Patrons and Friends to strengthen the Trust and ensure that the vision and core business remains relevant to present practice

The Sutherland Trust is very fortunate to have the use of a free venue for meetings, the offer of another free venue for seminars following lectures, use of the Virgin Money Lounge for free and the generous anonymous donation to the Trust of £1000 this year. Those constitute wonderful assets which many other small charities do not have.

Grateful thanks are offered to the administrator/development worker who demitted office in March and to the current administrator, office bearers, trustees and patrons for their innovation, constancy and drive to make the Sutherland Trust a successful charitable organisation.

Dr Sheena E. E. Blair (Chair)

August 2013

Annual Report 2012

1. Overview of activities for the year September 2011– September 2012

The Sutherland Trust is a Scottish Charity limited by guarantee which supports work in education, health and social care. In the year September 2011 – September 2012, the Sutherland Trust has successfully achieved the following targets outlined in the Business Plan approved during this period in terms of:

- Two successful public lectures which attracted between seventy to a hundred and thirty people. The lectures are now held in a different and more economical venue and this has resulted in small net gains from each lecture.
- Allocation of nine small bursaries to people who are involved in continued professional development which has a psychodynamic ethos
- A solvent balance sheet although fundraising is now a major aim and requirement for the continued work of the Sutherland Trust. This has included involvement of Patrons in the year 2011 – 2012 and submission of three applications for funds.
- Continued co-operation with other like minded organisations particularly the Scottish Institute for Human Relations
- Successful second year of operation of the Scottish Prison Project which is funded by the Gordon Small Trust and is run in association with consultants from the Tavistock Consultancy Service
- Recruitment of two new experienced trustees following a recruitment drive in autumn 2011.

During the last twelve months, three experienced trustees have demitted office and this has necessitated a change of some office bearers. Currently there are eleven trustees and sixteen patrons who ensure that the work of the Sutherland Trust achieves its purpose and objectives.

2. Analysis of specific events undertaken by the Sutherland Trust

The Autumn 2011 lecture benefited from the offer from a local expert, Judith Fewell to talk on the subject of *Tales of Mourning: what it means to witness*. The aims of this lecture were to provide an opportunity to reflect upon the dynamics of mourning and to extend the audience to include people who work in hospices and care home establishments. Both aims were successfully achieved and one hundred and thirty people attended the lecture. It also resulted in a financial gain for the Trust due to more economical venue and hospitality.

The Spring 2012 lecture was entitled *Professionals under siege: recovering purpose, potency and trust* and was delivered by Dr Vega Roberts from the Grubb Institute in London. The

aims of this lecture were to reflect upon the current challenging demands upon professionals and to consider a potential shift towards releasing untapped resources in staff, institutions and society. Seventy people attended this lecture and again a small financial surplus was accrued.

3. Sutherland Trust Finances

This is a difficult time for all charitable organisations with the recession continuing to affect donations. Nevertheless, we benefited from donations of £1,000+ in 2011 – 2012 and have submitted three applications for funds from other organisations.

All financial issues are monitored by the Trustees at meetings and every effort is made to contain expenses by inviting local speakers, altering hospitality costs and careful monthly auditing. A fundraising policy has been written which is written in to the Business Plan. Full financial statements accompany this Chair's report.

4. Organisation of Sutherland Trust Events

Our Business Plan outlines the approach to the organisation of events with the lecture programme being worked out in June and December for the following Spring and Autumn lectures. Following a careful review of our financial position, we changed both the venue and hospitality for lectures in 2012 – 12 and this has been positive. The allocation of postcards which had become a signature of the lectures remained in the form of electronic flyers. An appraisal of numbers attending, income raised and assessment of whether the outcomes were met occurs at the following trustees meeting.

Instead of training offered by EVOC, the trustees opted for space at the end of the June meeting to review the Sutherland Trust philosophy and targets. This resulted in updating of the information on the website and agreement on how to raise funds for the future.

5. Sutherland Trust Awards Scheme

This continues as a primary remit of the Sutherland Trust and the small working group are extremely careful about the selection and allocation of awards. Necessarily they are small assistive awards and nine awards have been given in the year September 2011 to September 2012. Trustees have agreed that in future, complementary tickets for Trust lectures should be offered to recipients in the year of their award. Any surplus from lectures also enhances this fund. Beneficiaries from the 2011 – 2012 year are invited to the September 2012 meeting to give an outline of how the award has been used in their continued professional development.

It is salutary to note that in the future the sums of money available to offer bursaries is likely to reduce and that the small working group may on some occasions decide not to offer this financial opportunity.

6. Scottish Prison Service Project

Three trustees plus one co-opted member constitute the working group for this funded project which is progressing steadily and is on target. The collaboration with the Tavistock

Consultancy Service is proving to be a successful approach to the project and there is quarterly reporting of activity to the Steering Group and updates on progress to the Trustees at every meeting. A Research Assistant has now been appointed to evaluate the project.

7. Governance of the Sutherland Trust

Four meetings per year plus the AGM occur and all have been quorate. Meetings occur in a free venue. All trustees contribute to either organisation of lectures, facilitation of the Prison Project or the bursaries group. The administration/development of the Trust is undertaken in ten hours per week. Changes to office bearers since the last AGM are:

Vice Chair – Maura Daly
Company Secretary – Lois Aitkenhead

Eilish Garland Munro tendered her resignation in June.

Following the successful recruitment drive in autumn of 2011, one person could not assume trustee duties in the year 2011 – 2012 but will be invited to join for 2012 2013.

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The profile of the Trust is contributed to by word of mouth, efforts by Trustees, networking with other organisations and the website. A change of provider of the website has allowed easier management and this has now been updated and includes more technological development. It is clear that the original mission statement needed reworking to become more contemporary and trustees have worked on this over the year.

9. Conclusion

This has been a successful year for the Trust with the recruitment of new trustees and the appointment of new office bearers. In addition to the stalwart attenders at Sutherland Trust lectures, different people from education, hospice care and community care have attended lectures and actively participated in the discussions. The Trust has altered its operational activities to become more cost effective and it has attracted modest funding from a variety of sources.

Issues which are a priority for 2012 – 2013 are:

- Continued fund raising to support the allocation of bursaries, project work and other associated activities of the Sutherland Trust with the target of £8,000 per year required to ensure successful operationalisation of objectives and purpose
- Recruitment of new Trustees in 2012-2013
- Peer Review of Trustees
- To devise additional ways of raising the public profile of the Sutherland Trust including the use of social media

Grateful thanks are offered to the administrator/development worker, office bearers, trustees and patrons for their innovation, constancy and drive to make the Sutherland Trust a successful charitable organisation.

Dr Sheena E. E. Blair Chair 2011 – 2012.

August 2012

Annual Report 2011

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- Continued co-operation with other like minded organisations particularly the Scottish Institute for Human Relations
- Successful second year of operation of the Scottish Prison Project which is funded by the Gordon Small Trust and is run in association with consultants from the Tavistock Consultancy Service
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Dr Sheena E. E. Blair Chair 2011 – 2012.

August 2012

Annual Report 2010

Chair's Report for Annual General Meeting 2009/10

Overview of activities for the year September 2009 – September 2010

The Sutherland Trust has now been in existence for over fifteen years. It is a Scottish Charity which supports work in education, health and social care through attention to the importance of human relations for human services. The specific annual remit of the Sutherland Trust is to organise two public lectures and seminars per year and to award small sums of money for bursaries allocated to people who wish to pursue studies with an underpinning psychodynamic ethos.

In the year September 2009 – September 2010, the successes that we can record are:

- Two public lectures which attracted over one hundred and twenty people for each event and included a number of new attendees
- Allocation of £2,500 for bursaries for seventeen people involved in educational endeavours
- A healthy financial balance as of August 2010
- Co-operation with other like-minded organisations and financial assistance given to two other public events
- The research project associated with the monies ((£300,000 over three years) awarded to the Sutherland Trust by the Gordon Small Trust involving the Scottish Prison Service and in association with experts from the Tavistock Consultancy Service is underway and on schedule
- Successful maintenance of the new office bearer roles allocated to trustees at the September 2009 AGM
- Successful combination of the roles of administrator and development worker for the Sutherland Trust

Specific events run by the Sutherland Trust

The autumn lecture in October 2009 was entitled “Applying psychodynamic thinking in political contexts” and was delivered by John, Lord Alderdice who is a consultant psychiatrist in psychotherapy, an Honorary Fellow of the Royal College of Psychiatrists, former Leader of the Alliance Party, member of the independent Monitoring Commission and current President of the Liberal International. He was one of the founders of the Northern Ireland Institute of Human Relations and is an Honorary Fellow of the British Psychoanalytical Society. In this lecture, Lord Alderdice reflected upon the application of a psychodynamic understanding in situations of conflict and sectarianism. The working party which conceived and organised this event worked particularly hard at attracting local politicians to this event.

This was a powerful and thought provoking lecture which attracted numerous positive comments about the extent to which the ideas were transferable to organisational dynamics and work situations.

The spring lecture in May 2010 focused upon the links between the underpinning ideas and values of the Recovery Movement and psychodynamic thinking and was entitled “Recovery meets psychoanalysis – but are they on speaking terms”. This was an innovative event in

which a dialogue occurred between Professor Julian Lousada from the Tavistock and Portman NHS Foundation Trust and Professor Julie Repper from Nottingham University who is currently Recovery Lead in Nottingham Healthcare Trust.

The organising committee were significantly assisted by members of the Lothian Recovery Network and the event was chaired by an ex-trustee – Dr Steve Tilley. Ten sponsored places were offered by the LRN and NHS Lothian. This was matched by ten places from the Sutherland Trust and a certificate was issued to those who requested this for continuous professional development purposes.

Again, the response to this event was very encouraging with the attendees commenting upon the way the event was structured as a conversation and making explicit the areas of endorsement or tension between psychodynamic thinking and recovery. A seminar followed this event and was attended by eight people who debated the key ideas and issues which had emerged from the conversation.

This event specifically emerged from the September 2009 conversation which followed the AGM in which key speakers from health, education and social care were asked to consider and reflect upon the conceptual, practical and theoretical links between the recovery movement and psychodynamic thinking.

The ambience which is created by the café style of seating at the public lectures which maximises communication both between speakers and between people who attend the lectures continues to be successful.

Sutherland Trust Finances

This is a challenging time for charities with the recession affecting donations. The financial position of the Sutherland Trust remains robust with in excess of £30,000 in reserve. This is inflated by the monies received from the Gordon Small Trust for the Prisons project and £9,557 remains in restricted funds for this project. However, we are aware that the Gordon Small Trust has now ceased to exist and no more funds will be available from that longstanding source.

While, lectures are attracting a wider audience the net income from those events has resulted in less than £200. The Trustees and Administrator have financially tailored the main lecture provision and it is considered that this cannot sustain any further cuts without affecting the quality of the event. Our financial position is carefully monitored by the Trustees at each meeting and a monthly worksheet is provided by the administrator. Financial contributions to date have been received from one source and monies have been provisionally agreed from the Esme Fairbairn Trust and Mary Hartnoll. We have asked our Patrons to assist in finding additional sources of funding for the Sutherland Trust

Organisation of the Sutherland Trust Events

All events are planned at the four regular Sutherland Trust meetings and small working parties ensure that the ideas fit with the values of the Trust, the logistics are organised and that help is given to our administrator to mount the event. The venue which has been chosen for the last four years continues to be a success and is conducive to the type of event

which has been planned. Marketing style has remained the same in terms of the postcards which advertise the event and they have become a signature of the Sutherland Trust lectures.

Sutherland Trust Awards Scheme

This is a primary remit of the Sutherland Trust and demand has increased this year. The small group responsible for receiving and considering applications carefully check demand with available resources and although smaller amounts have been allocated this year, it has been reported that the nature of that financial help has been invaluable to applicants. To date fifteen awards have been made.

It has been agreed that those people who have been beneficiaries of a Sutherland Trust award should be invited to the conversation after the September 2010 AGM to help the trustees understand how the awards have furthered their continuous professional development. This will be chaired and run by trustees within the Awards group

Governance of the Sutherland Trust

There are four meetings plus an AGM per year of the Sutherland Trust and in those meetings the governance of the Trust is always discussed. Attendance is good and the meeting is always quorate. Business cards have been designed by our administrator and have been allocated to each Trustee. One of our Trustees has taken a year out due to work commitments but we look forward to welcoming her back in 2011/12. We abide by OSCAR recommendations and although we have always worked with an action plan, this will now be formalised into a Business Plan for the Sutherland Trust and the first draft of this will be discussed in September 2010. All accounts are monitored monthly and then are verified by solicitors.

Profile of the Sutherland Trust

Work on the website has continued to ensure public access to forthcoming activities and this has been partly responsible for increasing audiences at the lectures. Reciprocal links with SIHR have continued and an event planned for the autumn of 2009 entitled Crossing the Boundary – leadership across professional boundaries was to have been both financially sponsored and chaired by the Sutherland Trust. Regrettably this event did not attract sufficient numbers of participants to proceed.

The Sutherland Trust offered £100 sponsorship to an event dealing with a study day/seminar concerning the psychodynamics of ageing which took place in April 2010.

In October 2010, the Sutherland Trust have agreed to jointly sponsor the second event run by the Scottish Institute of Human Relations in the Working Below the Surface series entitled “Conflict and Resilience – what is really going on in organisational life”

The collaboration between the Sutherland Trust and the Tavistock Consultancy Service on the Scottish Prison Service project which is aimed at promoting a developmental approach to dealing with organisational and relational challenges will be a significant aspect of the Sutherland Trust profile over the next three years. Progress is steady and work has begun in one Scottish Prison with the intention of moving on to other units. A research assistant is now required to record and analyse the project and will be paid from the Project funds.

Proposed Action Plan for the Sutherland Trust 2010 – 2011

Key remits	Action	Trustees responsible
Lectures and seminars	To continue to fulfil the mission and values of the Sutherland Trust in our choice of lecture content bi-annually To aim for a financial excess of at least £100 in each of the lectures To provide a seminar after each lecture which has a modest entry fee to cover costs	All office bearers, trustees and allocated working parties The Administrator/ Development worker The working party responsible for each lecture
Financial position	To continue to seek out financial sources from other Trusts with a minimum of £1000 per year To request the help of Patrons in identifying sources of funding	Administrator/Development worker Chairperson
Events	To continue to work reciprocally with other likeminded organisations such as SIHR, the Howard League for Penal Reform , the Scottish Recovery Network, Child Psychotherapy trust and the Theology and Therapy Project	All office bearers and Trustees
Awards Scheme	To allocate at least 8 - 10 bursaries per year and request that the recipients report on how this has assisted their studies either by letter or by attendance at the annual conversation event	Current Awards Committee and all Trustees
Governance of the Trust	To fill the vacant Trustee position by Spring 2011 To make reasonable adjustments by rotating minute taking in the event of absence by the Administrator/Development worker at the three annual meetings	All Trustees

	To provide a draft Business Plan by September 2010	
Profile of the Trust	To continue to seek ways of increasing the profile of the Sutherland Trust through the website, lectures, allocation of bursaries, reciprocal links with other organisations	Administrator/Development Worker and Trustees
	To involve the Patrons in helping with this task	Brian Atwell on behalf of the Patrons
	To carefully monitor the progress of the Scottish Prison Service project	Small working party plus all Trustees

Grateful thanks are offered to all Trustees for their steadfast support of the Sutherland Trust. This involves considerable gift of personal time to organise lectures, seminars, the SPS project, organising the Business Plan and co-operation with other organisations. Particular thanks are offered to office bearers and to Marshal Schwenn for his calm administration of the Sutherland Trust, attention to detail and facilitating each public event.

Dr Sheena E. E. Blair
Chair 2009/10

Annual Report 2009

Overview of the year

The last twelve months have been eventful and successful for the Sutherland Trust which continues to thrive in terms of core business. Attendance at the two annual lectures has consolidated at approximately one hundred people per event, approximately £5,500 was allocated for twenty successful awards, our trustee complement has been sustained and reciprocally helpful relationships exist with other likeminded organisations such as the Scottish Institute of Human Relations and the Howard League for Penal Reform.

It has been also been a year in which trustees assumed new roles. Following the AGM in September 2008, Dr Chris Holland became Treasurer, Dr Desmond Ryan became Company Secretary and Marshal Schwenn became Administrator and Financial Worker.

A further change of personnel occurred in June 2009 when Jo Hilton resigned as Development Worker and the Trustees agreed to appoint Marshal Schwenn to the twin roles of Administration and Development effective from July 2009. Careful attention to governance of the Sutherland Trust has progressed with the adoption of a three year strategic plan which is revised annually and distils into a yearly action plan.

Specific events

The first lecture of the year in the autumn was entitled: “Are We Bothered” which involved a joint presentation by Jonathan Wood and Stephen Fischbacher with the key purpose of engaging colleagues in education to explore ideas concerning emotional literacy. This lecture attracted new attendees and it sought to consider techniques which would help young people engage with their emotion. The combination of musical and literary approaches resonated well with psychodynamic thinking and a new audience.

The Spring lecture focussed on the work of Isobel Menzies Lyeth and was entitled “The Art of the Possible” and given by Dr Tim Dartington. This lecture celebrated the life of Isobel Menzies Lyeth and specifically revisited her work on the ways that organisations can defend against inherent anxiety. This lecture gave Trustees the opportunity to consider this valuable addition to the literature in relation to future work in the public sector.

The Autumn lecture was given by Dr Jane Polden and was entitled “Behind Closed Doors – Exploring Therapeutic Process in the Prison Community. This lecture dealt with a therapeutic community in the south of England and reflected upon the dynamics and processes experienced in a living and learning opportunity. The re-offending rate of prisoners was significantly reduced following this experience compared to the main prison community. This lecture was presented in collaboration with the Howard League for Prison Reform and chaired by Professor Angus Skinner.

Outcomes from the lectures have been specifically valuable for underpinning future work still in the planning stage. This year, the lectures appear to have attracted an increasing number of younger people which has expanded the database. Logistically, the lecture format is designed to maximise discussion and a café style of seating enables this to occur.

Our “conversation” in September involved Dr Gavin Miller giving a lecture on “Scottish Psycho therapy and Christianity” and specifically included reference to the work of R. D. Laing. This prompted a lively exchange of views.

Finances

Our financial position is robust and has been very effectively managed by our respective Trustees and in particular, Marshal Schwenn. It is entirely transparent and monthly updates are provided to ensure that the Chair and office bearers can monitor the position. Discussion of the financial position occurs at each of the four meetings per year and agreement is reached on the yearly amount allocated for awards. Financial contributions have been received by the following Trusts:

- Tekoa Trust
- Esme Fairbairn Trust
- Mary Hartnoll
- Swan Mountain Trust
- Gordon Small Trust

In addition, monies from lectures, lat year’s Book Festival and Bank interest augment the financial position.

Events

All events are conceived within the regular meetings of the Sutherland Trust and small working parties design and plan how the lecture will proceed. Certain themes have evolved including education, the prison population, organisations and emotional literacy.

Over the last three years, the Sutherland Trust events have been very well and imaginatively publicised by Jo Hilton. The marketing format of postcards advertising the lectures will be continued. They have become a key characteristic of the Sutherland Trust activities. The venue of the Teviot Debating Hall is central, conducive and again linked with Sutherland Trust activities.

Awards Scheme

This is a primary role of the Sutherland Trust and the group responsible for this chaired by Dr Anne Claveirole must be congratulated for careful selection of people for the awards. Testimonials which are received from successful candidates demonstrate how valuable those small “pump priming” awards are for studies which involve psychodynamic thinking.

Governance of the Trust

Trustees carefully ensure transparent decisions and activities. We ensure that we abide by OSCR recommendations and have sought to develop a three year strategic plan which ensures continual proactive work. All accounts are monitored monthly and are then verified by solicitors.

Profile of the Trust

Work on the website continues to ensure public access to forthcoming activities. Unfortunately, the intention to liaise with the Scottish Government has not resulted in any specific outcome and this will be resurrected in the following year. As mentioned earlier, the audiences at the three annual lectures appear to be

widening. Reciprocal links with other organisations is invaluable and this will be sustained in 2009/10.

Trustees constantly seek to promote the mission and values of the Trust and have been extremely successful in maximising professional contacts in this respect.

Future possibilities

The major thrust for the following twelve months is the exciting possibility that the Sutherland Trust will “broker” a project financially underwritten by the generous funding of the Gordon Small Trust. A working party has been established to produce a proposal concerning this initiative.

Grateful thanks are offered to all trustees for their constancy and imagination in ensuring that the Sutherland Trust has had another very successful year of operation. Particular thanks are offered to Lesley Boyd, Vice-chair for assuming the Chair for a couple of months during the year and for writing the annual report for the Gordon Small Trust AGM. Trustees take responsibilities very seriously and give considerable personal time and energy to the annual activities.

Dr Sheena E. E. Blair
Chair 2008/9

Annual Report 2008

Overview of the year

This year, the Sutherland Trust has thrived and successfully sustained its core business by running two well attended public lectures, supporting applications for awards, welcoming new trustees and maintaining our reciprocal relationship with other likeminded organisations such as the Scottish Institute of Human Relations and the Howard League. We are also pursuing a project in prisons which has been stimulated by the possibility of further funding from the Small Trust.

The first event in the Spring was given by the well known analyst and writer Adam Phillips in dialogue with Judith Fewell. This seemed to attract a younger audience who were drawn to the evening by well published books and articles and from those who had attended our course on the work of Jock Sutherland (*Beyond the Couch*, 2007). The second event, focussed more on schools and exploration of emotion and creativity. This was co-presented by Jonathan Woods and Stephen Fischbacher and involved a more experiential participation from the audience. Both public events this year have departed from the more traditional scholarly delivery of material and this has attracted both acclaim and challenge. As we seek to attract new practitioners in health, education and social work and make psychodynamic thinking accessible and relevant we also need to retain the continuing support of colleagues already well versed in this field. Plans are well developed for the programme for the remainder of 2008 and 2009 and small working parties of trustees work tirelessly to conceive and organise stimulating contributions to appeal to both new and existing audiences. This is all done within the Trustees' own time, using personal and professional contacts to attract inspiring speakers who share the values and vision of the Sutherland Trust.

In addition, we have worked hard to strengthen our governance activities and have clarified our vision, constructed an action plan and will follow this by designing a strategic plan for the next three years in the autumn meeting. The vision statement explains that we support human relations work in education, health and social care through psychodynamic thinking and practice. This now prefaces all public communication and is the preamble for lectures along with a "strap line" offering the statement "human relations for human services". Interestingly, our audience for public lectures is broadening to include more people from primary and tertiary education who seem to share and endorse those ideas.

The Trust has sought to heighten its profile with the Scottish Government. Through the proactive intervention of one of the trustees, a letter was written to the First Minister early in the year which explained the aims and objectives of the Trust and the express wish to meet with him to discuss how the ethos of the Trust resonated with the new vision for Scotland. In addition, in May of this year an invitation was received via the SIHR to attend an event at the Scottish Parliament with other associations representing psychotherapeutic approaches. Two trustees attended this useful event and a report was circulated to the other members of the Sutherland Trust.

Thirteen trustees have been involved this year and another appointment has been approved and will commence in September. One of the co-convenors took some time out of the trust activities this year from April to September. However, the Trust is entering a period of transition with the imminent departure of Brian Atwell (Treasurer) and June Nelson (Honorary Secretary). Their support has been invaluable to this charitable

organisation. Also, our development worker, Jo Hilton wishes to reduce her hours with the Trust. These changes in key contributors have necessitated some rethinking about duties and we have been fortunate to engage the services of an administrator – Marshall Schwenn who will take up office in September.

Finances

Thanks to the organisation and careful management of our finances by our treasurer, the Sutherland Trust is in a healthy financial position. We continue to rely on the generous support of the Gordon Small Trust to support our development work. Our honorary secretary has also continually sought funding from other likely sources to augment the income from public lectures

Events

Over the last two years, our events have become well known and well publicised by the imagination and flair of our development worker – Jo Hilton. The marketing involved in the lectures has resulted in excellent attendances from a wider range of participants. Ideas for future events are always copious, interesting and creative. The only restraint is the limited time available in otherwise busy professional lives to ensure the follow through of the ideas.

Awards scheme

This is a vital contribution of the Sutherland Trust and the small group under the joint convenorship of Jill Ford and Dr Anne Claveirole must be congratulated for careful and sound decisions. Testimonials are now being received from people who have received awards to explain the contribution that this small amount of money has made to their studies and subsequent work.

Governance of the Trust

As mentioned previously, this has been a key activity of the Sutherland Trust in 2007/8 to ensure that we comply with the duties outlined by the Office of the Scottish Charity Regulator.

Profile of the Trust

Design of the website is progressing and this will give public access to the proposed activities of the Trust a year in advance. It would appear that the Sutherland Trust is becoming well known by a variety of groups and this is evidenced by the audiences that attend events and the number of people applying for financial aid. Trustees have been keen to contribute to wider political thinking and efforts continue in this area. The reciprocal relationship with the SIHR is most helpful and there is an event organised by them in Glasgow in November at which one of the convenors (Dr Sheena Blair) of the Sutherland Trust will be the chair. It has been a pleasure to have been involved with the planning for this day.

Future possibilities

The trustees are proactive and keen at all times to maximise any opportunity which arises to publicise the ideas of the Trust and there are plans for events well into 2009. The oral

history project steadily progresses and promises to be a most useful resource. There are also times when possibilities arise which are more suited for the SIHR to take forward and the reciprocal arrangements there are working well. The Sutherland Trust does thrive on being ideas led and free from the restriction of premises however this brings challenges in terms of where to place gifts of books or other artefacts.

The enthusiasm, zest and hard work of the trustees is gratefully acknowledged and this is what makes the Sutherland Trust an organisation that attracts and sustains interest and commitment. The contributions of the Co-Convenor, Vice Convenor, Treasurer, Honorary Secretary and Development Worker have all ensured that we are a charitable trust which can be proud of its contribution to learning and continuous professional development.

Sheena E. E. Blair
Convenor

Annual Report 2007

Overview

The Sutherland Trust has had a busy, exciting and productive year. It is an organisation which has increased its public profile over the year and is currently composed of twelve trustees drawn broadly from the areas of health, education and social care. In terms of office bearers two trustees share the role of convenor, supported by a vice-convenor and a treasurer. A new development worker commenced in 2006 and has substantially increased the activities of the trust by imaginative marketing and proactive new ventures.

Since the AGM in 2006, there have been a number of significant events which have served to spread the key messages of the Trust, including:

- two lectures which have drawn very large audiences from across many disciplines
- relationships with the Scottish Institute of Human relations which are mutually beneficial and have included planning a course to be delivered by the Centre for Counselling Studies in the School of Health in Social Science of the University of Edinburgh. This is entitled *Beyond the Couch: Sutherland in the 21st Century*, and is due to commence in September 2007
- two ‘Conversations’ at which central dimensions and principles of the Sutherland legacy were debated.

Changes in Trustees

During the year, the Sutherland Trust was sad to lose the contributions of Dr Steve Tilley who has made a considerable impact on the thinking of the organisation, has acted as co-convenor of the awards sub-committee and played significant roles in previous lectures. His wisdom, scholarship and personal presence will be missed.

We were fortunate to recruit two additional trustees during the year. Dr Christopher Holland was appointed in November 2006 and Dr Gavin Miller in December 2006. Both have entered enthusiastically into the spirit and work of the activities of the Trust.

Two vacancies currently exist and it is hoped that there may be prospective candidates from primary or secondary education who can complement the skills and expertise of the current members.

Additional Patrons

The trustees were delighted to learn that Joanna Wood and Professor Alexander Broadie have both agreed to become patrons. Over the year there have been a number of suggestions concerning how to involve patrons more actively in the planning of events.

Finances

Much of our success depends on the generous support of the Gordon Small Trust and we remain heartened by their contribution to our development and by their continuing interest in our work. Primed by their backing, the notable success of the lectures and increased donations from the Esmee Fairbairn Foundation, the Tekoa Trust and others, the financial

situation of the trust is robust and thriving. In terms of Awards, the Swan Mountain Trust increased its contribution and we received help from Mary Hartnoll. Due to careful planning and monitoring by our treasurer Brian Atwell, the financial health of the organisation is sound. We are very grateful indeed for all the financial support we have received.

Events

The planning teams which selected the speakers and topics for the two outstanding lectures by Dr Una McCluskey and Professor Colwyn Trevarthen with Judith Fewell are to be congratulated for their astute choice and skill in anticipating the impact of each presentation and planning accordingly. The innovative flair with which the events were marketed, organised and executed by Jo Hilton, our development worker, deserves continuing recognition and thanks. Any financial surplus goes directly to the Awards Scheme

Awards Scheme

This is an important element of the activities of the Trust and while two long-standing members stood down from the committee, Dr Anne Claveirole and Margaret Daniel joined it. In similar fashion to the Trust itself, there are now two co-convenors who will split the workload.

The sub-committee worked hard to strengthen the criteria for giving awards and over the year seven very different applicants were successful in their applications for financial assistance.

Governance activities

The activities which commenced in the previous year have continued and trustees have familiarised themselves with the requirements of charity law and the duties outlined by the Office of the Scottish Charity Regulator. This has been a vital consideration as the trust moves into different forms of activity.

Profile of the Trust

Without question, the public impact of the Sutherland Trust has steadily increased and this will be augmented in the new design of the website. Work on this has started and will continue over the next twelve months.

Future possibilities

Planning for future lectures is well under way. We look forward to another exciting event at the Edinburgh International Book Festival, initiated by the Trust with the Scottish Institute of Human Relations, focussing on John D (Jock) Sutherland's psychodynamic thinking on self and society. It is hoped that the course at Edinburgh University will attract a viable and enthusiastic student group, and there is at least one future event planned for a Glasgow venue. In addition, there is a new oral history project planned by means of which the legacy of Jock Sutherland will be further explored.

As our previous convenor (now our treasurer) has observed, the aspirations of the organisation can sometimes outstrip the realistic energy or available time of committed trustees. Our attempts to deal with this are demonstrated by spreading the workload involved

in the business of the Trust across the whole body of trustees, including both sets of co-convenors and the vice-convenor, the awards sub-committee, the planning groups and the working groups. Nevertheless, we are conscious that the bulk of the organising, proactive thinking and attention to detail is entrusted to our indefatigable secretary, June Nelson, who works tirelessly on our behalf to ensure the smooth and efficient running of the Sutherland Trust: in psychodynamic terms, June 'holds' the organisation.

Our grateful thanks are given to June, to all the trustees for their commitment over the year, and in particular to our treasurer Brian Atwell, our vice-convenor Lesley Boyd, and our development worker Jo Hilton.

Sheena E. E. Blair
Colin Kirkwood
Co-convenors

Annual Report 2006

I have to report a year which has always been interesting, in that, once again, the Trust moved forward on a number of fronts, but which has not been without its frustrations.

As noted in the Secretary's report, we lost Audrey Charleston and Sarah Whitley at the AGM of 2005, and Joanna Wood hit a spell of ill health which resulted in her resignation quite recently. However the Trustees took the opportunity to strengthen the overall experience of the Trust—particularly in the field of Education-- by appointing Anne Claveirole and Eilish Garland as new Trustees, and we welcome their involvement.

During this year, the Trustees have given thought to matters of Governance, to the requirements of Charity Law, and to the duties which are beginning to be enunciated by the Office of the Scottish Charity Regulator (OSCR). Essentially, it has been important that the Trustees recognised themselves as Directors of the Trust, with all of the attendant responsibilities this brings. In practical terms, the requirements of OSCR bring little difference to the manner in which the Trust operates, but a degree of risk - both financial and professional - is frequently a factor of our work, and it is in the Trustees mind to try to identify this, in a structured manner, as we plan our future activities.

The Trustees are very content to recognise the success – and the popularity - of the Edinburgh Conversations, and to look forward to both their continuation and to their inevitable evolution. The conversation in May, which celebrated the centenary of Jock Sutherland, was a particular success. The Trustees were also delighted with our first excursion into the Edinburgh Book Festival, with the size of audience attracted by Jill and David Scharff, and with the exciting presentation and discussion by the Scharffs, together with Alexander Broadie, the eminent Scottish Philosopher, who chaired the event.

The Funding provided by the Gordon Small Trust continues to be a magnificent enabler to the Trustees, and it is very gratifying that we will have the support of the Gordon Small Trust for a further 3 years. It is this financial backing which has allowed us to venture into the new fields described briefly in the previous paragraph.

We are a dynamic and creative Trust, and the Trustees well recognise that the success of our endeavours — however that is recognised — will never be absolute. Additionally, we know that not all of the subject matter with which we work will catch the imagination of a large paying audience. Nevertheless, the essential pattern of our work needs a flow of funds from financially successful events to support our Awards Scheme, as part of our effort to contribute to the development of young minds.

One of the frustrations I mentioned earlier lies in the comparative lack of success of our March lecture which, to our surprise, attracted a small audience, and only just covered its costs. We had needed a good attendance to contribute towards funds for the Awards Scheme in 2006/7, and will now need to address this gap elsewhere. A post mortem of that lecture revealed that our marketing of the event was not effective enough, and this is one of a number of areas to which our new Development Worker will be focussing her attention.

Having said that, I take great pleasure in the fact that the Awards Scheme is now once more at work, and I must thank the Co- Convenors of the Awards Committee, Jill Ford and Steve Tilley, together with their committee, whose work has re - established the Sutherland Trust in

this area. The Trustees look forward to developing the financial base of the Scheme, and to its strong contribution to assisting students within our field of work.

Jill Ford's contribution has been all the more significant this year, in that she stepped into the breach and took on the role of Treasurer – at quite short notice – for a 12 month period, until a more permanent appointment could be achieved. Her agreement to do that was greatly appreciated.

I also need to thank Sally Thomson, our retiring Development Worker, for her efforts on our behalf, and, of course, to welcome Jo Hilton, her successor, to her new work.

June Nelson continues to oversee the detailed organisation and administration of the Trust, and is now a fount of knowledge about many things. She acts as a kind of Trust solicitor, and ensures that we do not stray from our essential duties and that we observe Charity Law. She is an essential part of our organisation.

In this, my last report as Convenor of the Trust, I would like to thank Lesley Boyd, my Vice Convenor, for her wise counsel during my period in this role. She has ensured that all or any of my momentary flights of fancy are either well grounded, or are seen off the premises with alacrity. She is also willing, after due reflection, to change her mind, in my view, a real attribute, which is lacking in much of today's management.

I have enjoyed my period as Convenor of the Trust, and now move on with what I hope is a sound legacy to my successors, and joint Convenors, Sheena Blair and Colin Kirkwood.

Brian Atwell (Convenor)

Annual Report 2005

This has been a busy and productive year for the Trust. It was the last full year of the 3 year plan, and the Trustees have worked to complete the implementation of many of the developments which were part of that. Additionally, the normal work of seeking the issues which confront our colleagues in Health, Education, and Social Work as suitable and interesting Lecture subjects continued, as well as the identification of appropriate individuals to take on that work.

The Trustees also sought to increase the membership of both Trustees and Patrons, and, in the case of Patrons, to write and agree a role description which sets out their valuable place in the Trust, and provides them with a clear means to become involved. This bore immediate fruit when we arranged a joint Trustees and Patrons meeting, which began to identify the way ahead in the need to focus on the legacy of Sutherland (and Fairbairn) whose leading roles in the development of 20th Century psychoanalysis requires positive re-assessment. The Trustees will take this forward in the coming year, with the forthcoming Edinburgh Conversations, and our first foray into the Edinburgh Book Festival, publicising Jill and David Scharff's book, *The Legacy of Fairbairn and Sutherland*.

We have made a small change to the structure of this year's report and details of the appointments and resignations among Trustees and Patrons can be found in the Hon Secretary's section of the Annual Report.

Our web site is now open for business, and, as a dynamic production, will continue to develop in the future. It is a delight to be able to publish past lecture papers, and we are currently considering if there is a market for these which can provide revenue. We are hoping that improving the access to past papers will make the Trust more accessible.

We now have considered our historic, but incomplete data base, and have honed this down to a smaller, but accurate base of our supporters. We are very much aware that continued attention to this will pay dividends in future years, and Sally Thomson, our Development Worker regards this as a routine, but vital area of her work.

Our mapping exercise of individuals and groups who work psychodynamically in Scotland continues to move forward, but, as we always recognised, it is a slow process, as we try to ensure its accuracy. This is an area of work which the Trustees intend to focus more on during the coming year.

The Gordon Small Trust has been of enormous benefit to our development, and has enabled much of our forward planning. Without this financial backing, we should not have been able to make the large strides we have made this year in both programme quantity and width. We are also very indebted to both the Esmee Fairbairn Foundation, and the Swan Mountain Trust for the provision of financial support for both core funding, and for our Awards Scheme. Despite this support, funding our Trust continues to remain a constant preoccupation.

Additionally, we continue in our efforts to provide Lectures and Seminars which catch the attention of our audience and have the potential to create some revenue. We are clear this will not always be possible, or even totally desirable, but it is our wish that any surplus from our core work will provide some of the funds for our Awards Scheme.

On that subject, I am delighted to be able to say that the Awards Scheme has now been revamped and is back in place within our system. In rethinking this part of our work, we have moved away from the use of such terminology as Bursaries and Grants, based on need, preferring instead to judge applications on the grounds of merit. We made no awards in the summer of 2004, and expect to make our first awards in the summer of 2005.

The Sutherland Trust is a busy organisation, and we do seek to appoint Trustees who are eminent in the work of their field, and are therefore well up to date with the issues which confront their profession.

One of the resultant issues of this is that, as busy professionals, each Trustee needs to put some limit to the amount of time they can make available to the Trust. We have struggled on occasion this year to find the time and energy necessary to plan our work, and it is clear that the Trust must give some thought to a means of allocation of the duties which can spread the load.

June Nelson's indefatigable effort continues to oversee the detail of the Trust's work, and she is extremely important in ensuring that we do not lose sight of the legalities of our Charity, or indeed the care of both roles and personalities as we move about our work.

Similarly, without access to the energy created by Sally Thomson, our Development Worker, who undertakes the bulk of the detailed preparation work for all of our effort, we would have great difficulty in undertaking our demanding programme.

Sally, in conjunction with Trustees, has enabled us to fulfil our remit this year by the organisation of two lectures and a seminar in our series 'Institutions on the Edge'. In September we once more collaborated with the Howard League for Penal Reform in Scotland, and Andrew Cooper, Professor of Social Work at the Tavistock Clinic and the University of East London, spoke about 'The Vanishing Organisation: managing organisational anxiety in a networked world'. This generated both considerable interest and a follow-up Seminar. In February, Vicky Franks and Peter Griffiths, from the Tavistock Clinic, presented a lecture on 'The Caring Professions – the role in the mind'; again well crafted and very well received, although, on this occasion, our audience figures were lower than usual.

Our plans for next year are now fitting into place and we look forward to a stimulating and influential programme. The Sutherland Trust is in good heart.

Brian Atwell (Convenor)

Annual Report 2004

During the course of 2003/4, the organisational changes which we have made began to bear fruit. The new Trustees are finding their feet and in addition to the work undertaken this year, we have been able to plan for the next two years with a sense of confidence lacking in the past.

The support of the Gordon Small Trust has been of huge benefit to us, and has provided the essential stability we require to develop our work, as is anticipated in our strategic plan. Our ability to employ a Development Worker to take on much of the detailed work involved in the organisation of lectures and seminars is a specific example of the use we have made of the support of the Gordon Small Trust.

This, together with our ability to assume a degree of financial risk, has made the task of selecting and developing ideas immeasurably easier and is enabling us to expand our efforts.

We have collaborated with the Howard League during 2004, and we continue to look for opportunities to work in Partnership with other organisations who aspire to work within our fields of interest. We also organised a Lecture under our own banner which looked at the development of resilience in children, and this was very well received. We followed this up with a successful small-group-based seminar which considered practice implications. One disappointment this year was that the detailed planning of the Lecture had to be put back for a little over 8 weeks, because of the ill health of a major speaker. Happily, all is well now, and, on reflection, it is surprising that, over our years of experience, this is the first occasion on which such a delay has occurred.

We have been very happy to welcome three new Trustees this year.

Margaret Daniel is a Clinical Specialist Occupational Therapist working within an NHS psychotherapy clinic in Glasgow. One of her tasks involves the clinical supervision of senior staff, and she is currently working towards a master's degree.

Desmond Ryan is a research Sociologist who is working on a project funded by the Scottish Executive on spirituality in health and social care.

Duncan Tennant is a Manager at St Johns Hospital, Livingston, who has a strong interest in the areas of work in which the Trust moves.

During this year, the Trustees have put together an accurate database of individuals who are interested in our work, and it is the intention of the Trustees to develop and expand this over the next two years. We must thank IBM, who provided the invaluable services of Michael Ambjorn. Michael gave much assistance in working up the database as well as developing our Website (www.sutherlandtrust.org.uk). The Trustees hope that these resources will provide a sound base and will help to inform us about future ideas, as well as give us reliable feed back about the success of past work. Additionally, an accurate and up to date database may help us to raise the funds required to continue to develop our Awards scheme.

The Trustees are also continuing to map the places in Scotland where Psychodynamic work is being undertaken, and this too will enable us to further develop our base, as well as help us in our efforts to support such work whenever possible.

In essence, the Trust is in good heart. The organisational pieces are now in place to undertake the aims of the Trust, and the task now is simply to do so.

Brian Atwell (Convenor)

Annual Report 2003

I approach the task of writing this Annual Report with a certain spring in my footsteps, because I believe that it is fair to say that the Trust is now emerging from a complicated period of reconstruction, where confidence was not high, into new sunlight, in which the way ahead is very much clearer.

During the course of this year, we have capitalised on the essential work undertaken last year. We have added new Trustees to our number, who bring with them fresh impetus, and have developed our policy of collaboration and partnership with other organisations and with individuals who are interested, as we are, in the broad fields of Social Work, Health and Education. One of our current preoccupations is about considering how best to maintain these new relationships, and partnerships, so that we can sustain both the learning, and the level of interest.

Despite our strong efforts to persuade them otherwise, I have to report that both Neville Singh, and Russell Forrest have decided that it is time to move on to pastures new, and will resign as Trustees with effect from this Annual General Meeting. They are senior Trustees who have been stalwarts of the Trust for many years, and we shall miss them. Neville has been our Treasurer since the start, and Russell's most recent incarnation was that of Bursar of our Training Grant system. Both we and they regret their going, but both feel that the time is ripe to give up their stewardship. We wish both of them well, and hope that they will remain in touch and keep a friendly and supportive eye open for us.

Our finances continue to strengthen, although they are not yet at the level we require to reach a position of full confidence, and, while our Bursary, or Training Grant, system remains in temporary suspension, we are now at a stage of considering a cautious resumption of applications. We would like to thank most sincerely Anne Sutherland, The Esmee Fairbairn Foundation, The Swan Mountain Trust, The Gordon Small Trust and others for their support.

One of the indications of our level of confidence lies in our renewed sense of risk taking, in that we felt able to undertake the financing and organisation of a joint lecture with the Howard League Scotland, dealing with a number of issues and perspectives within the Criminal Justice system. It was our Memorial lecture to Drummond Hunter, a Trustee until his death last year, and we were fortunate to have as our speakers, Dr Rob Hale, Consultant Psychotherapist and Psychoanalyst, and Dr John Crichton, Forensic Psychiatrist. The evening was chaired by Lord Bonomy, Senator of the College of Justice, all the indications are that the lecture was a considerable success at a variety of levels. It is our intention to participate in further collaboration with the Howard League in the future, and, as I write, we are also considering further partnerships with other groups.

We are now in the middle of developing our Business Plan. At this stage, we anticipate that this will focus on a three year period, which will enable us to approach Funders from a good base. A further benefit from this level of considered thinking will be an improved assessment process as we seek to identify the best use of our resources in identifying both Lecture subjects, as well as suitable partners. We are also starting to consider how many Lectures and Seminars we can undertake in a 12 month period.

The appointment of our Development Worker, Sally Thomson, has been central to our plans, and the energy which has been released by this appointment has enabled us to progress faster

than at any other point in our recent history. Sally was appointed barely two months before the Drummond Hunter lecture, and had to hit the ground running-a feat she achieved with admirable balance. Currently, she is working on our development plan, and is pursuing the mapping of psychodynamic work in Scotland. Additionally, we are seeking to develop our list of supporters so that we can better inform them of our progress, as well as seek to understand and to meet, their needs.

We welcome new Trustees; Sheena Blair is Senior Lecturer and Course Leader for the BSc/BSc (Hons) Occupational Therapy Degree at Queen Margaret University College. She is in the third year of a Doctorate in Education, in the area of educational gerontology, at the University of Edinburgh. She has had a 35 year history of interest in psychodynamic work and was professionally active in this area from the late 60's to the mid 70's at the Royal Edinburgh Hospital. Colin Kirkwood, a counsellor, psychoanalytic psychotherapist, educationalist and author, is Senior Lecturer in Counselling at Moray House School of Education, at the University of Edinburgh..

We will continue to identify Trustees who can contribute to our work, and recently we have been considering a process in which we appoint Trustees from previously predetermined work areas.

June Nelson's arrival as Secretary has been a very considerable bonus to us, and her happy knack of, not only managing our meetings, but also of keeping us on track is very valuable. It was also a source of particular delight that Lesley Boyd accepted the position of Vice Convenor, and her support has been a huge help this year. A further, very positive step lies in Sarah Whitley's recent decision to accept the post of Treasurer to the Trust

In summary, we are in good health, and, as we develop, we continue to focus on both the Task and the Process of our undertaking. We approach the coming year with enthusiasm, and with great interest.

Brian Atwell (Convenor)